

**СЕКЦІЯ 7. ЗДОРОВ'Я ТА ЖИТТЯ ЛЮДИНИ –
МОРАЛЬНИЙ ІМПЕРАТИВ СУЧАСНОСТІ**

**HISTORIOSOPHICAL ANALYSIS OF THE EXISTENTIAL STATUS
OF MORAL AND ETHICAL VALUES AS THE BASIS
OF PHYSICAL EDUCATION**

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Abstract: the research devoted to the analysis of the value of human life and physical education as a means of overcoming existential threats.

Keywords: values, human existence, physical education, existential threats.

Introduction. The value of human life is cross-cultural and international.

Despite the diversity of approaches, definitions and the diversity of research angles, human existence has remained the central topic of discussions by scientists of all the possible areas of knowledge. Despite the thousand-year history of self-reflection, humanity has remained a mystery to himself, trying to find the meaning of his finite existence within the scale of the infinity of the universe.

Therefore, it is not by chance that human life is recognized as the main imperative. Therefore existential threats must thus be denied by the very essence of man's desire for a healthy life and a conflict-free society becomes fundamental.

Considering this, the events in Ukraine are a negation of all the achievements of humanity along this path. The very possibility of an armed conflict with the aim of physical destruction is such that it contradicts the natural state of things, which has been formed over thousands of years of human evolution and is confirmed in its effectiveness.

Purpose of research - emphasize the importance of understanding life as a universal human value and determine the role of physical culture as a way to prevent aggression in interpersonal relationships.

Results of the research and their discussion. Throughout human history, ideas about existence undergone evolution:

- from the apeiron of Anaximander, the elemental materialism of Epicurus, the ideology of Plato to the theory of the atom by E. Resenford, the ideas of quantum mechanics of S. Hawking [1] and the construction of the Large Hadron Collider .

- since its appearance C. R. Darwin's ideas about the evolution of species to Karl Heinrich Marx's dialectic of the material and the ideal and Yuval Noah Harari's Homo Sapiens [2] revealed the deep connection of humanity with the natural world.

- I.Kant's categorical imperative to postmodern existentialism and the "philosophy of corporeality" also reflected important aspects of the evolution of ideas about existence.

- the revolutionary ideas of Giordano Bruno to the meta-universe of M. Zuckenbergr showed changes in ideas about a person's place in the world.

- the theory of local civilizations by Oswald Spengler and Arnold Toynbee to modern multiculturalism and globalism and theories of virtual reality described the evolution of the symbolic content of human existence.

Intellectual searches for the sources of the origin of man, the essence of his psyche, the mechanisms of the functioning of the unconscious, the study of nature and the cosmos had the goal of separating from the animal essence of man and transferring the dimension of existence into the space of culture.

Culture, the way and means of crystallization and preservation of human life and health as its main values. To support them, humanity invented a universal method capable of balancing the material (animal, biological-instinctual) and spiritual (human, moral-ethical). This is physical culture in the broadest sense: from ancient παιδεία with the principle of καλοκαγαθία to the modern system of physical education by sports.

Conclusions. The combination of moral and ethical values plus physical education is an effective way to rid humanity of the threat of destruction and to further harmonious

development in the conditions needed for the unification of the meta-universe (and virtual with cyber-physical culture!) and poly- and cross-cultural problems connections in it.

Bibliography:

1. Hawking S. A Briefer History of Time. – 2008. – 176p.
2. Harari Y.N. Sapiens. A Brief History of Humankind. – 2014. -316p.